

Crystals in the Garden

Crystals, being born of the earth, are not only useful in healing body and mind, but also in healing the earth itself. If your surroundings aren't healthy, this will reflect back upon you. Take a look at your garden. Whether it's a container garden on a balcony, cottage garden in the country or a flowerbed in the suburbs, any garden can benefit from a bit of crystal help. No matter how big or small your garden, crystals placed in and around your space will make for healthier, more productive plants. I use the term 'garden' loosely, for it can really encompass your entire property - trees, shrubs, plants, flowers, water features and containers can all make up a garden.

All living things have energy. And flowers, plants and trees are no different. And just as certain crystals are used to heal certain physical ailments in the body or aid in easing a troubled mind, there are certain crystals that can be used to make your garden more productive, healthy, and beautiful.

[Moss Agate](#) is probably the most beneficial stone when you want increased plant growth. It is known as “the gardener's talisman” for this very reason. Moss agate is often used to attract prosperity and abundance. This crystal is associated with nature spirits. Wearing Moss Agate while gardening can increase your energy, relieve a stiff neck, and “tune” you in to the energies of your garden. Placing a Moss Agate in a container pot or in the ground will increase flower and plant growth. A little goes a long way when it comes to crystals. If you have fruit trees, try hanging a small Moss Agate stone from one of the branches to promote a healthy harvest.

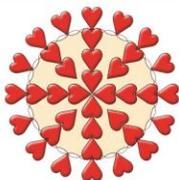
[Malachite](#) is another green stone useful in the garden. The Ancient Egyptians used malachite as a fertility symbol and it was associated with vegetation, agriculture and healthy crops. Malachite can be placed in the garden to encourage growth and abundance. It is also a protective stone, shielding us from the negative influences of electromagnetic fields, such as power lines. Placing a stone in the garden will protect your home from these sources. Wearing one while working in the garden will also help if you don't want to bury Malachite in the earth. Even setting one in shade of a bush or underneath a flower will help.

Another crystal useful in the garden is [Green Calcite](#), a pale green stone that is said to belong to the small earth spirits of the woods and meadows. Offering a small stone with thanks to these elementals can result in a lush and beautiful garden. Green Calcite is also a healing stone often used to calm and soothe. If your property is too loud, crowded or over-active, you can place a Green Calcite crystal in a flowerpot or under a tree to soothe the area.

[Moonstone](#) is a crystal associated with the moon. It's also a symbol of fertility and is used in the garden. A favorite of Native American healers, it encourages healthy plants and flowers and promotes a soothing, restful area. You can wear Moonstone while watering your flowers, clipping herbs or mowing the lawn. Carrying one in your pocket is just as helpful. You can even hang one in a tree to increase growth.

The last crystal on our list is also associated with the moon but it is the stone of the sea, [Aquamarine](#). For those who have a pond or lake that contains fish or other water creatures, a small aquamarine crystal placed in the water will keep fish and plants healthy.

- Sonia Acone



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“Promoting education and the use of crystals to support healing”

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