

# Crystal Healing for Pets

People aren't the only ones who can gain from having crystals around. Our pets can also benefit from the crystals we position around our homes. You can help your pets further by placing crystals directly in and around your pet's area (bed, window seat, etc.). Crystals can even be attached to the animal's collar so that they can absorb the energy, as people do by wearing a pendant.

When your pet seems to be lethargic, or has changed their eating habits, they could be depressed by the loss of a loved one, such as a human companion going off to college or the death of another pet in the house. [Lithium Quartz](#) is very useful as a natural antidepressant for animals in the same way it is for people.

If you have a hyperactive pet, try using a [Dalmatian Jasper](#). This playful stone tends to have a calming effect. The energy from this crystal will balance the emotions and help the animal maintain composure. It can ease bad dreams and promotes peaceful sleeping.

If your pet is having trouble in the yard/litter box, [Leopardskin Jasper](#) could help. This crystal helps with digestion issues and can also alleviate abdominal pain. Try taping this crystal under your cat's window seat or make an elixir for your dog to drink. To make a crystal elixir, place a cleansed crystal in a glass bowl filled with spring water and leave the bowl in sunlight or moonlight for 12 hours. If making an elixir from a fragile, water-soluble or toxic crystal, place the crystal inside a small glass jar before placing in the bowl of water. The water will become infused with the crystal's energy. To store the elixir, remove the crystal after 12 hours and pour the liquid into an airtight container, where it can be stored for up to a week.

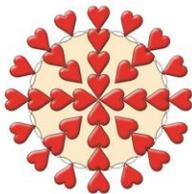
For generalized pet healing, [Dioptase](#) is a great crystal to use for pets with separation anxiety. Try leaving this crystal with your pet to help alleviate stress and to instill in them a feeling of being loved. This would be a great stone to attach to your dog's collar if you work long hours.

Do you feel like you just can't figure out what your pet is trying to tell you? [Mookaite](#) will help facilitate better communication with your animals. This crystal will help you to be more in touch with your own animal instincts. Wear this crystal or carry it in your pocket while spending time with your pets.

As with people, pets can also gain from the loving energy of [Rose Quartz](#). It gives them the same sense of security and peace as it does for you. This crystal is especially helpful for rescued, traumatized or abused pets. Placing a large piece of this in the living room will benefit all household members – furry or not.

If your pet has a severe or persistent issue, you should take them to their veterinarian to rule out a more serious problem. Crystals can be a supplementary healing aid and should not necessarily be considered a substitute for a doctor's care. We tend to think of ourselves when using crystals, but all living things in our environment can also feel the beneficial effects of crystal energy.

- Stephanie Arnold



## HealingCrystals.com

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"Promoting education and the use of crystals to support healing"

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