

Archangel Michael

Part 1 in a Series

Michael, whose name means "Who is like God" is the leader of the Archangels. He is usually depicted with a sword and sometimes a set of scales. Michael oversees the weather, agriculture (crops) and the entire natural world. With his sword, he can cut the ties that bind us to unhealthy people or things in our lives that we no longer need. Call on Michael for protection, releasing fear, doubt and negativity, and for strength and illumination. He is also called upon for prosperity and abundance.

Michael is ruled by the Sun and the element of fire. His direction is south; his season is summer and his day is Sunday. Michael's colors include gold, yellow, orange and purple. Scents associated with Michael are [Chamomile](#), Frankincense, Rosemary and Sage. His flower is the Marigold and he rules over the zodiac signs of Leo, Sagittarius and Aries. Crystals associated with Michael are [Sugilite](#), [Amber](#), [Golden Topaz](#) and [Clear Quartz Crystal](#).

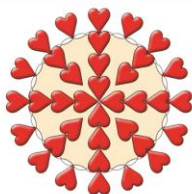
Sugilite is a deep purple crystal and is used to aide in contacting spirit guides and angels. It is linked to the planet Jupiter and the element of water. It can heal energy blockages in your body, and is useful during mediation to develop an increased awareness of the spirit realms and help with astral travel. Sugilite is helpful in healing and gaining insightful wisdom.

Amber, though technically not a crystal but a fossilized tree resin, has been used for centuries to increase psychic powers, relieve anxiety and attract abundance. It is ruled by the Sun and the element of fire. In healing practices, amber can be used to encourage the body to self-heal. It is also used to bring protection, strength and passion.

Golden Topaz, like Amber, is associated with the Sun, fire and the zodiac sign of Leo. This stunning yellow crystal is a stone of warmth. It can relieve arthritis symptoms, digestive ailments and even bouts of exhaustion. Golden Topaz is also a stone of prosperity and abundance. Like Sugilite, it can also be used for astral travel.

Clear Quartz Crystal is probably the most popular "all-purpose" crystal, as it will absorb energy from the sun and aide in healing, bringing energy and vitality to the body and spirit. It is an amplifier of pure energy and, as such, can channel the energy of spirit helpers and angels, creating greater power between us and the angelic realms. The longer you wear or carry this crystal, the more attuned to your body and thoughts it becomes. Clear quartz crystal is also beneficial when placed in the home, as it will promote peace and remove negative energy.

- Sonia Acone



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