

Crystals for the Third Eye/Brow Chakra

The Third Eye Chakra, also referred to as the Brow Chakra, is located on your forehead between both eyes, this chakra tends to receive more attention than most because it is where the Third Eye, or psychic eye, resides in the body. Often, people work on this chakra hoping to magically become a psychic, medium, or tarot reader. However, opening up your Third Eye Chakra does not guarantee you will become a psychic, medium, or tarot reader. It may not bring about any overt or obvious change at all. What opening up your Brow Chakra *will* do is broaden your perceptions so you can more easily see the truth. Suddenly an association with a family member, friend, business associate, or new person in your life will seem “off” for seemingly no explanation. Or, you could be traveling on a highway towards your house and have a strange “feeling” that you should get off sooner and take the back roads home. What is actually happening in these types of situations is that your Third Eye perceives what the five senses of touch, taste, smell, sight, and sound cannot; that you are not receiving the full truth of the situation. Perhaps that person is hiding something from you, or you will be caught in traffic if you continue to take the highway home. Your Third Eye can act as an alarm and warn you of these situations and more if you tune into it and exercise it regularly. For those more psychically and spiritually inclined, working on the Brow Chakra opens up your Third Eye to sights beyond this realm, recognizing the sight of energy in our world, higher dimensions, spiritual beings, past lives, guided meditations, and more. Sometimes this means helping others as a psychic, medium, tarot reader, etc. More often, it is a means to help you with your soul's own spiritual growth. This path should not be traveled lightly because it will change your understanding of the world and bring up truths you may not want to face.

[Apophyllite](#) - Strengthens the connection between the physical and spiritual allowing you to access clairvoyance, astral travel, even the Akashic Records, with more ease.

[Dumortierite](#) - Aligns your conscious thoughts and actions with those of your higher self. This connection leaves you more confident and patient with the physical world and more receptive to the spiritual world.

[Iolite](#) - Strengthens the connection to your intuition and inner knowing, and is a powerful tool for astral travel, shamanic visions, guided meditations, and any form of visualization.

[Lapis Lazuli](#) - A calming stone, Lapis enables you to relax, harmonizing the bond between the physical, mental, emotional, and spiritual.

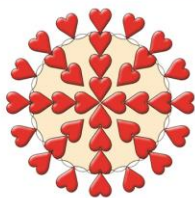
[Pietersite](#) - This stone processes spiritual concepts into lessons understood on physical and mental levels. It recognizes the truth of situations, and is excellent for visualization work.

[Prehnite](#) - Enhances your intuitive senses. It works best while you sleep for it integrates intuitive knowledge on a subconscious level.

[Sapphire](#) - Increases intuition, gaining access to inner wisdom. It balances emotional upheavals caused by integrating physical, mental, emotional, and spiritual energies.

[Sodalite](#) - Calms the mind so rational thought and objectivity - not stress or panic - guides all thoughts and actions. As a result, communication and perception are clearer and more reliable.

- Rachel Niemczyk



HealingCrystals.com

A 501(c)3 Non-Profit with Metaphysical Resources and a Crystal Shop
“Promoting education and the use of crystals to support healing”

506 Shaw Rd, Unit #326, Sterling, VA 20166 • 703-828-4325