

What to Do With Your New Crystals

Congratulations! Your beautiful, new crystals just arrived and you love them! What next? How can you get the most from working with them? What will make them “happy” as they work with you?

There are many philosophies and schools of thought when it comes to crystal healing and energy work. One thing I've come to know is true, every time, is that it is a good idea to clear your crystals when they first arrive, and then regularly as you use them. You just have no way of knowing where that crystal has been or what it has been used for before it got to you.

Now, how do you clear them? And by the way, the words “clear” and “cleanses” are used interchangeably. There are several methods and some are more effective than others, while some are more appropriate for fragile crystals than others.

Generally speaking, one way to cleanse crystals when they first arrive is in a bath of lukewarm water with a little sea salt. Salt has the behavior of “pulling out” and “cleansing” energy. However, some crystals will rust in water, such as Hematite and Lodestone (aka Magnesite). Others can become brittle or break or even dissolve; these include: Selenite, Turquoise, Calcite, Lepidolite, Mica, Pyrite, Labradorite, Malachite and Moldavite. Pearls and Opals can also be damaged by a saltwater soak. If clearing crystal jewelry, avoid getting any dyed crystals wet. Commonly dyed beads can include: Magnesite, Howlite, Garnet and Carnelian.

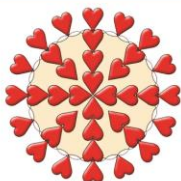
To get the same results as Salt, you can place your crystals on a chunk of [Selenite](#) overnight. Selenite is very soft, and should be treated with care as it will scratch easily, but storing Selenite among your crystals can also help keep their energy pure and protected when not in use. [Carnelian](#) has the property of cleansing other crystals as well, though it seems to take longer than Selenite, in my experience. Still, I tend to mix Carnelian in with my other crystals for storage when I don't have Selenite to use.

The [Healing Crystals website](#) has another great option for clearing crystals: Sound. Some work with tuning forks or singing bowls for this, but our video uses a wide range of frequencies for a more comprehensive clearing. You can find the video on our Home Page under “Clear Your Crystals with the Press of a Button.” Another method includes surrounding your crystals in dry rice for several days or burying them in soil for several days. Many people find that passing their crystals through incense such as [Nag Champa](#), [Lavender](#) or [Sage](#) smoke can help clear crystals. Be sure to have the crystals several inches from the source of the smoke, so they will not change temperature quickly and crack.

When you've cleared your crystals, it's important to dedicate/ program them. A clear, but undedicated or un-programmed crystal is like an empty space, waiting to be filled. So if you don't fill it with Pure Light and Universal love (in keeping with your spiritual practices and beliefs), or give it a job to do, your crystal can become filled with other energies and may need clearing again sooner than you would like. To dedicate your crystals, hold them in your hand, a few at a time, and picture a pure light surrounding them. Then repeat your dedication of them aloud or in your mind, 3-5 times. A sample dedication would be, “I dedicate these crystals to be used only for the Highest Good of All and to be a blessing to all who receive their healing.”

Once you've cleansed and dedicated your crystals, you may want to energize them by sitting them among other crystals or placing them in moonlight or sunlight. Reiki music also is a great way to energize them. In summary: Clear. Dedicate or Program. Charge. Then, enjoy! Crystals enjoy having something to do, so get started!

- Debbie Elaine



HealingCrystals.com

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